

# Basketball New Brunswick

## U13 & U14 RULES OF PLAY

All BNB games will be played according to FIBA Rules, with the following modifications:

1. The ball will be size 6 for both boys and girls.
2. A backcourt violation will be 10 seconds in length.
3. A 30 second shot clock is in effect.
4. Teams must play half-court defence if they lead by 20 points or more.
5. Quarters will be 8 minutes in length.
6. Fair Play Participation rules will apply. Each player on the roster, provided they are not fouled out, ejected, or injured, must play at least 8 minutes of game time.
7. Fair Play is administered on the honour system and not officially tracked by officials or minor officials.
8. Teams found to be repeatedly violating the spirit of the rules will be subject to discipline from BNB.
9. Due to the competitive nature of Provincial Championships – a determination before the tournaments begin will be made on how the fair play rules will be enforced at these events.
10. The overtime period will be 5 minutes in length, Time-outs do not carry over to the overtime period, but each team will be granted 1 time-out per overtime period. Each overtime period begins in the direction of the possession arrow.
11. Teams may play any type of full court defense (unless up by 20 or more points).
12. Teams may not play any type of zone defense in the half court (once the ball has crossed half). Active double teaming is allowed.
13. U13 teams are discouraged from using ball screens. Dribble Handoffs and “Gets” (where a player runs tightly off a player holding the ball) are encouraged instead. They provide a safer and easier method for players to acquire the skill and decision-making elements to succeed with ball screens.
14. U14 teams can use any offensive tactics.